



Kiwanis®

Fort Oglethorpe

The Fort Oglethorpe Kiwanis met on March 5 at Park Place Restaurant with Carrie presiding and 9 members and 6 guests present.

Stewart did the inspirational moment.

3/9 Backpack blessings 2pm unload truck and 4:30pm pack

4/16 we meet at 6th Cavalry Museum

Wayne was chair. Hillary Gerrish and Heather Byrd were present from Three Bridges Crossfit.

Heather spoke about Crossfit. She told the benefits of Crossfit. She described what it is and that it is different types of training. Tailored to your needs. Crossfit is a training program but also a competition with even pros.

They are located in City Gym in downtown Chattanooga.

