

THE SWAINSBORO KIWANIAN

April 18, 2023

With President Tammy Allen presiding, Dianna Wedincamp led the Pledge of Allegiance and Wanda Ellis gave the blessing. We had 15 members present. Guests for the evening were Keri Ann Henry, Amanda Lambert, and Joelle Romanchik-Cerpovicz.

Judge Jim Daughtry wanted to fine Paul Cerpovicz for having another bee picture in the paper, but he suspended the fine since Paul was not at the meeting. Anita Cerpovicz volunteered to pick up the fine. He fined President Tammy for her farmer picture in the paper.

President Tammy reminded us that we will help with Pre-K Fun Day at the Swainsboro Pre-K on April 21. We will be cooking hamburgers for the parents of Pre-K students and popcorn and cotton candy for the parents and students, starting about 8:30 am. The cotton candy will be made on April 20 at the Rec Center starting at 8:30 am. Call Tim Goodman to help with the cotton candy. The Pine Tree Festival Tabloid is well on its way and will be published on April 26. Good job everyone!

President Tammy gave the local sports report. The SHS tennis team is in the state playoffs, starting today. Both the ECI boys and girls are ranked 1st in their region in tennis and the DEA boys are ranked 2nd in their region. The ECI baseball team is ranked 1st in the region, while DEA is holding their own at 500. The recreation department is in full swing. The endangered species is the Southern Mountain Caribou, known for their love of grits. Gary Couse noted the Braves are doing well at 13-4.

The member spotlight for tonight is Cassie McIntyre, one of our new Kiwanians. She likes crocheting and runs Gone Stitching. She works at East Georgia Health Care and is a member of the Kiwanis board. Her favorite candy bar is the Toblerone.

Good News \$1s were given by Tim Goodman for the tabloid being at the printers and Dianna Wedincamp for her son making space for her to visit him in Key West.

The program for the evening was hosted by Anita Cerpovicz, who introduced Dr. Joelle Romanchik-Cerpovicz, Associate Professor in the Health Sciences and Kinesiology at Georgia Southern University, and GSU graduate students Kerri Ann Henry and

Amanda Lambert, who presented a program about food safety and the handling of leftovers. Kerri Ann and Amanda began with a survey of what we knew about preparing and storing leftovers. We took the same survey after the presentation to see if we learned anything. We learned to never leave food out more than 2 hours at room temperature, keep food out of the “temperature danger zone” of 40-140 degrees, and that leftovers are good for 3-4 days in the refrigerator unless you freeze them. We learned you store leftovers in air-tight containers. If frozen, you thaw in the refrigerator, the microwave, or using cold water. Never thaw on the counter or in hot water. I think most of us did much better on the survey after the presentation.



The key-lime cake brought \$41 and was won by Sondra Fortner. Jane Durden won the Domino's pizza.

KIWANIS REMINDERS

- Apr. 20 - Cotton Candy for Pre-K Fun Day – 8:30 am at the Rec Center
- Apr. 21 – Pre-K Fun Day – Be at the Pre-K at 8:30 am to help
- Apr. 26 - PTF Tabloid in Newspaper
- May 2 - Club Meeting – hosted by Bobby Seamans with cake provided by Cindy Ware
- May 16 – Annual Meeting – hosted by Dess Smith with cake by Tim Goodman
- May 16 – Board Meeting
- June 6 - Club Meeting – hosted by Dianna Wedincamp with cake provided by Gary Couse
- June 20- Club Meeting – hosted by Dwight Watt with cake provided by Paul Cerpovicz