

# **THE SWAINSBORO KIWANIAN**

**August 4, 2020**

**Stay Safe!**

With President Petite Garrett presiding, Jane Durden led the Pledge of Allegiance and Tammy Allen gave the blessing. We had 22 members present. Five of the 22 members were “zooming” into the meeting. A thanks to Jane Durden and Dess Smith for setting it up. Our guests for the evening were Greg Bennett and Louis Machado. President Petite presented new member Monica Wren with her official name tag. She carried around the computer to show who was at the meeting to the five zoomers.

Judge Jim Daughtry opened court by fining himself and Bobbie Daughtry for being late, President Petite for starting the meeting late, and everyone who did not have a mask. Good News \$1 were given by President Petite for her grandson’s Spanish expertise on the 2<sup>nd</sup> day of school and her creative use of a shower curtain as a makeshift Covid-19 shield for transporting her riders. Frank Patrick gave a \$1 for he and Deana’s 48<sup>th</sup> anniversary and Pepper Fields gave a \$1 for a correction of his mis-read pacemaker output.

Gary Couse gave the sports report. In Nascar Denny Hamlin won at Kansas, followed by Brad Keselowski and Martin Treux. Keselowski and Hamlin switched places the following week at New Hampshire, with Treux still holding down 3<sup>rd</sup> place. In MLB, the Braves have opened at 7-4, leading the National League East. Three clubs, the Marlins, Phillies, and Cardinals, have postponed games due to Covid-19 outbreaks. The NBA has started and the Hawks have been eliminated already. In the NFL the Hall of Fame game was cancelled while they are still trying to get their act together. Frank Patrick noted the delay of the start of HS football at all three local high schools until after Labor Day. He noted other sports and activities are beginning earlier. The endangered species of the day is the Saola Deer.

Travis Garrett introduced our program for the evening, local entrepreneur Greg Bennett. Greg is the owner of a number of local businesses, including Mojo’s Wine and Spirits, Mojo’s Xpress Car Wash, and Kwik Coin Laundry. Greg is also a

farmer and has served on a number of state and local committees. He is a member of the Emanuel County Development Authority. Greg also owns CPR Fitness and Tanning. He brought along Louis Machado, who works at CPR, to explain the SilverSneakers Fitness program at CPR. Healthways SilverSneakers is a special fitness program for older adults. SilverSneakers’ members can use their ID card to utilize the facility and participate in free group exercise classes. The benefits of exercise for older adults include improved flexibility, weight control, and stress reduction. CPR is open every day and has exercise bikes, ellipticals, and weight-training equipment for use by members. They also have a swimming pool, sauna, and massages available to patrons.



The fresh pear cake, donated by Ginny Smith and baked by President Petite, brought \$52 and was won by Bobby Seamans. The Domino’s pizza was won by Deana Patrick and the Mojo’s Xpress Car Wash gift card was won by Tim Goodman.

## **KIWANIS REMINDERS**

August 18	Regular Program	Host: Tim Goodman
	NEW CHINA	Cake: Windy Ward
August 18	Board Meeting After Regular Meeting	
September 1	Regular Program	Host: Deana Patrick
		Cake: Joe Ware
September 15	Regular Program	Host: Roger Peebles
		Cake: Dianna Wedincamp
September 29	INSTALLATION	Cake: Petite Garrett

The Swainsboro Kiwanian (USPS 530-500). Published weekly by the Swainsboro Kiwanis Club, P.O. Box 3, Swainsboro, GA 30401-0003. Issue Date: August 4, 2020. POSTMASTER: Send PS Form 3579 to Swainsboro Kiwanis Club, P.O. Box 3, Swainsboro, GA 30401-0003. Periodicals postage paid at Swainsboro, GA 30401.