

L to R: Travis Garrett, Cathy Richardson, President Jane Durden.

Richardson Speaks to Kiwanis

The Kiwanis Club of Swainsboro held its weekly meeting, Tuesday night, February 16, 2016 at Catered Creations at 7:00. With President Jane Durden presiding, we had 24 members in attendance and no guests.

The program was hosted by Travis Garrett, who introduced his niece, Cathy Garrett Richardson. Cathy gave us some information about how her job as a Physical Therapist had changed in the last few years due to the aging of the baby boomers. Health care in general and health insurance has been impacted greatly by the aging of the population. Cathy grew up among a family of older adults and she enjoys working with senior citizens, even though a majority of the younger physical therapists prefer to work on the problems of athletes. Cathy works at a skilled nursing facility, where she works to provide short-term care for patients. She stressed that the current therapy for patients is to get them out of bed and moving around and maintaining activity by acting as a transitional place. They send the patients home with plans to continue the activity they begin in the facility.

President Jane reminded everyone that the Mid-Winter training is March 11/12 at Carrolton. So far we have four members who plan to attend. See President Jane if you wish to attend.

Chair Tim Goodman reminded everyone about our first "run timing" event on March 3rd and about the Sousa Spectacular at East Georgia State College on February 25th. He also announced the Chase Rice concert at the College on April 29th and the Brag Stop in Swainsboro on June 9th.

The Board meeting, hosted by Linda Lamb, is scheduled for February 18th at her house.

If you would like to become a member of the Swainsboro Kiwanis Club, please contact our Membership Chair Linda Lamb at 478-237-5188 or e-mail her at hsdurden@bellsouth.net. Also, if you like to find out more information about our Club and the many community service projects that we do each year, go to our website at: <http://www.swainsborokiwanis.org/> or to our Swainsboro Kiwanis Facebook page

